



## ***Harness the Power of your Mind***

*Elaine@hayoz.us*  
*www.hayoz.us*

### **Client Data**

Please complete these forms and bring either fax or mail them back to me prior to our first call or bring to our first in person appointment.

**Names:**

**Address:**

**City:**

**Province/State:**

**Postal/Zip:**

**Res. Phone:**

**Bus. Phone:**

**Cell phone:**

**Email:**

**Occupation:**

**Birthday MO./Day:**

**Referred by:**

**Coaching State Date:**

## **Hypnotic-Coaching Alliance Agreement**

Please sign this agreement and either bring it with you or mail the agreement back to me prior to our first call or sign it at our first session:

Fee: Either pay \$125 per hour, \$115 for 45 minute session or please check the plan you selected:

I will pay per hour. \_\_\_\_\_. I will pay for a 45 minute session \_\_\_\_\_.

I have selected Plan A \$460. Fee includes four one hour calls or in person sessions and handouts as needed. \_\_\_\_\_.

I have selected Plan B \$395. Fee includes four 45 mins calls or in person sessions, and handouts as needed. \_\_\_\_\_.

I have selected a Specialty Package \$500. Fee includes five one hour calls in person sessions and handouts as needed. \_\_\_\_\_.

The fee is paid the first session.

I \_\_\_\_\_ (print name) agree to employ Elaine Hayoz at the fee indicated above for the purpose of coaching me on my personal and professional goals. I further agree to the following:

1. I take personal responsibility for the results of my Hypnotic-Coaching Experience.
2. I understand that if I am involved in an on going program my fee is due on the 5th of every month.
3. I realize that my commitment is essential to my success.
4. I agree to give 24 hours notice for any change or cancellation of sessions. I understand that I will be charged for any missed sessions if I do not give this notice.
5. I will call or visit my coach on time. I understand that if I am more than 15 minutes late for a call or session my coach will assume I will not be coming and will charge for the call or session.

6. If involved in an ongoing program, I agree to give my coach with 30 days notice of cancellation of services. I understand that I will be charged 50% of my regular fee if I do not provide this notice.

7. I understand that the purpose of my sessions with my coach is to assist me in goals related to my business/career/personal development.

8. My coach will not be acting in the role of counselor, hypnotherapist or psychotherapist during our coaching sessions. I further understand that coaching does not take the place of psychotherapy.

9. I give my coach permission to be honest, direct, supportive, and to challenge me.

10. I understand and agree that I am fully responsible for my well being, including my choices and decisions. I understand that I am always free to reject any advice, suggestions or requests made by my coach at any time.

11. I understand that my coach will honor my confidentiality unless required by law to disclose information about me.

12. I understand that coaching is not to be used in lieu of professional advice for psychological, legal, financial, medical, tax, or other matters normally handled by other professionals.

**Date of Agreement:** \_\_\_\_\_

**Client Signature:** \_\_\_\_\_

**Hypnotic-Coach Signature**\_\_\_\_\_

## GOALS SHEET

List at least 3-5 goals that you want to achieve with Hypnotic-Coaching™.

- 1.
- 2.
- 3.
- 4.
- 5.

List at least 3-5 goals you would like to accomplish within one year from now.

- 1.
- 2.
- 3.
- 4.
- 5.

List at least 3-5 goals you would like to accomplish within the next 5 years.

- 1.
- 2.
- 3.
- 4.
- 5.